



# Incidental Counselling

This workshop provides an approach to working with people from a refugee and asylum seeker background in a range of settings.

This one day workshop covers incidental counselling and other skills for handling difficult and distressing situations. The workshop involves presentations, practical exercises, role plays and discussions in large and small groups.

Content includes:

- More advanced examination of the impact of past and current trauma
- Incidental counselling skills for a range of potential situations
- The emotional responses of workers and implications for practice
- Building good working relationships with traumatised clients
- Practical strategies and approaches for managing stress

## Who should attend?

Suitable for people who work with refugee or asylum seeker backgrounds and are in a position where counselling is an incidental part of the role, e.g. in settlement, youth work, case work, housing, employment, welfare, education, health, or community services.

For more information or to register interest in attending this training, contact [training@mrchobart.org.au](mailto:training@mrchobart.org.au)



Funded by the Australian Government Department of Health under the name Programme of Assistance for Survivors of Torture and Trauma, by the Department of Human Services and by the Department of Social Services. Visit [www.dss.gov.au](http://www.dss.gov.au) for more information.

## Venue

KGV Sports & Community Centre, Glenorchy

## NOTE

*Participants should have completed 'Schools in for Refugees', 'Working with People from a Refugee and Asylum Seeker Background', or equivalent. If you have considerable experience working with people who are seeking asylum or from refugee backgrounds and wish to apply for an exemption for the pre-requisite, please contact 03 6221 0999 or [training@mrchobart.org.au](mailto:training@mrchobart.org.au)*