



safeTALK



Migrant Resource Centre and LivingWorks Education present safeTALK workshop.

The 3.5 hour safeTALK workshop is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth (age 15 and older), police officers, teachers, bicultural workers, interpreters or anyone who wants to learn suicide prevention skills.

Participants will learn four basic steps to recognise persons with thoughts of suicide and connect them with appropriate resources. Most people with thoughts of suicide invite help but these opportunities can be missed, dismissed or avoided, leaving people more alone and at greater risk. safeTALK workshop prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe).

For more information or to register interest in attending this training, contact training@mrchobart.org.au



Funded by the Australian Government Department of Health under the name Programme of Assistance for Survivors of Torture and Trauma, by the Department of Human Services and by the Department of Social Services. Visit www.dss.gov.au for more information. Supported by Primary Health Tasmania under the Australian Government Primary Health Networks Program.

Venue
KGV Sports & Community Centre, Glenorchy

Cost
\$75 per person
(inc. GST)
Costs are negotiable

NOTE
Participants are required to be over 15 years of age